

# Yoga & Pilates Retreats

## Yoga and Pilates retreat in Andalucia, Spain.

**September 30 - October 7 2017**

Please complete the form, scan it and send by email to [liz@yoga-retreat.co.uk](mailto:liz@yoga-retreat.co.uk)

A deposit of 50% of total is required at time of booking and balance due one month before retreat

### **To pay in pounds sterling (preferred method)**

Bank: Co-operative  
Acc name: Liz Chandler Ltd  
Sort code: 089250  
Acc number: 68576835

### **If in Europe please pay in Euros to:**

Bank: GLS Bank  
Acc name: Beate Fritzching  
IBAN: DE29 4306 0967 1129 9079 00  
BIC: GENODEM1GLS  
Reference:

Spanien Oktober 2017 Retreat

Please confirm transfer by email to [beafri@alice.de](mailto:beafri@alice.de)

Or print form in block capitals and with a cheque deposit made payable to **Liz Chandler Ltd**  
post to: Retreats, Liz Chandler, 15 Lansdown Place, Frome, Somerset, BA11 3HP, UK

The remainder of the payment is due 4 weeks prior to start date of holiday.  
Please note that all information given will remain entirely confidential with Beate Fritzching and Liz Chandler and only be used for the purposes of this Yoga/Pilates holiday.

Title: \_\_\_\_\_

Full name (as on passport): \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

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Home telephone number: \_\_\_\_\_

Mobile number: \_\_\_\_\_

E mail address: \_\_\_\_\_

Preferred way of contacting: \_\_\_\_\_

Or my partner's mobile \_\_\_\_\_

Date of birth: \_\_\_\_\_

## Accommodation requirement

Please select your preferred room accommodation.

*We will do our best to accommodate this request, but all room reservations are first come first served.*

Twin or double sharing £1233 / €1312 each

Single £1478 / €1528

Twin or double sharing suite £1408 / €1458 each

Single suite £1798 / €1818

Non Yoga Partner: \_\_\_\_\_

Do you have a preferred/agreed sharer?

If yes, Name \_\_\_\_\_

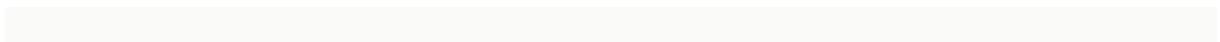
Please indicate your dietary preferences:

Vegetarian \_\_

Vegan \_\_

Eat seafood: \_\_\_\_

Any food allergies (ie nuts) \_\_\_\_\_



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## CANCELLATION POLICY:

Cancellation of your holiday, for whatever reason, must be notified to Bea Fritzsching in writing by letter or email. Whilst I will endeavour to treat cancellations sympathetically spaces are limited and the following applies: Deposits are non-refundable. For cancellations made up to two weeks before departure 50% of total cost will be refunded. Thereafter refunds (up to a maximum of 25% of total cost) will only be considered under exceptional circumstances at the discretion of the organiser.

The cost of any airline ticket is the responsibility of the participant.

You must take out your own travel insurance. We highly recommend that you take out insurance for unforeseen circumstances and cancellation.